

A REVIEW: - ADVANCED HERBAL TECHNOLOGY

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People are increasingly turning to medicinal plants due to their many benefits. Anything made using herbs are frequently accepted in the treatment of many ailments. While many of these claims may be considered contradictory, it is acknowledged that over 80% of the world's population is addicted herbs and products to keep their health clean. However, the increased use of herbal products also leads to abuse and adulteration, causing tension between consumers and producers, sometimes with fatal consequences. The development of reliable assays that can enable the exact determination of Including phytochemicals the composition of markers/bioactive compounds and other important factors, poses significant challenges for researchers. Standardization production of herbal medicines, establishing uniform biological activity, uniform dosage or quality assurance services. This review article discusses various techniques and recent advances such as DNA fingerprinting, metabolomics methods, differential pulse polarography, chemometrics, and X-ray diffraction. Additionally, the contribution of capillary electrophoresis and chromatography techniques in medicinal plant modeling has also been reported.

Keywords: Chromatographic methods, DNA fingerprinting, medicinal plants and standardization.

INTRODUCTION**Herbal technology**

Plants or herbal preparations are called “herbs.” Medicines that contain food, medicine, vaccines, etc. it is referred to as medications. Therefore, plant-derived compounds have health-improving, therapeutic or preventive effects. The general field of herbal medicine is called herbalism. Ayurveda covers all fields as it encompasses fields related to botany, plant science, pharmacology, agricultural science, Unani medicine, Ayurveda, natural chemistry, phytochemistry, herbal medicine and biotechnology and biotechnology of plant medicine. An herbalist is someone who works with medicinal plants, especially herbs. Herbal medicine articles on the use herbs to heal.¹

**Fig.1: Herbal Technology****Special methods of plant identification:**

(1) Expert opinion: Is the best-known tool in terms of accuracy or reliability. Professionals often write group articles (monographs, revisions, abstracts). Professional classification standards can be found in many modern herbal medicine and other books. Specialists are commonly found in places such as herbaria, botanical

gardens, museums, and universities. However, although this method is highly reliable, it has the disadvantage of requiring valuable time from experts and delaying the verification process.

(2) Information: Close to the judge in terms of trust. This is based on our wealth of experience. Match the corresponding vegetation for identification.

(3) Comparison: Comparing unknown patterns, pictures, drawings or descriptions is the third technique. Although this is a reliable method, the lack of appropriate comparative data can make this nearly impossible or time consuming.

(4) Using keys and other tools (dots, dots, etc.): This is by far the most popular method. It eliminates the resources, time or expertise required for comparison and analysis.

Botanical Certification-

Botanical certification it is a good certification process to ensure that the factory is correct and herbal products are used as raw materials for medicinal plants. Accurate analysis of herbal ingredients is important for the effectiveness and safety of herbal medicine.

In **macroscopic** analysis, the morphological features of the inscriptions, visible to Contrast with naked eye or low vision definition plants or herbal medicines in plants. Characteristics Page size, shape, color, etc. flowers, or fruits are examples where macroscopic tools are often used for singling out.

Examination of plant material under a microscope focuses on anatomical details that are barely visible be seen under a microscope. The structure and shape of the trichomes (hairs), Location of pores in the epidermis, presence or absence of compounds such as mucus, starch, and lignin herbs in the tissue may require the use of isolated cells.

Mixtures of compounds can be separated using **chromatography**. There are many different chromatography methods available, but they are all based on a few simple concepts.

Phyto specificity is a widely used and widely used method of **thin layer chromatography (TLC)**. TLC testing can be found in herbal medicine literature. The mixture is separated using a TLC chemical combination, creating separate chemical "fingerprints" on silica gel-coated plates. This fingerprint can be compared to that of a pure reference compound or a real sample.

Additionally, **high-performance liquid chromatography (HPLC)** is widely used in chromatography. Analysis and testing of plant products. Additionally, another type is specifically used called gas chromatography. For fats and essential oils.

Various extraction techniques, including methods such as supercritical fluid:

The process of removing a soluble chemical substance by treating a non-reactive substance (liquid or solid) with a liquid is called **extraction**. So, it's a problem-solving process that relies on making big changes happen.

In general, the diffusion rate of the solute controls the rate of extraction from the liquid interfacial boundary layer. The main extraction techniques are:

- Fractionation
- Osmosis
- Enteric
- Saturation
- Infusion

Also known by other names such as liquid-liquid extraction and partitioning, heavy. Separating compounds according to how soluble they are in two distinct immiscible liquids—typically water and organic solvents. It's how an item gets extracted. Transition from one liquid phase to another. It is a simple method used in chemistry laboratories where a separating funnel is used. In other words, it is the process of selecting the appropriate weight of solubilization of a substance to separate it from the mixture. Analytical applications of solvent extraction include the separation of mixtures and the mixing or extraction of specific species. In general, this process separates insoluble materials from soluble materials. Nuclear processing, ore processing, synthesis of fine organic compounds, and other processes use the solvent extraction process for use in other industries, including fragrances.

Supercritical Fluid Extraction:

Isolation of analytes in matrix samples is often required as a preliminary step in the analysis of complex data. The best separation method should be fast, easy to use and effective; must return the test quantity without any loss or damage. A sufficient analysis must be made to enable a final measurement that does not need to be targeted; Objectionable or unavailable waste must be produced and removed in the laboratory.

Extraction of many hydrocarbon samples or chlorinated organic solvents in a Soxhlet extractor has been a popular method for the analytical isolation of pharmaceutical, food and petroleum samples in the field for many years. Unfortunately, often liquids and extractions fall short of some of the most desirable properties.

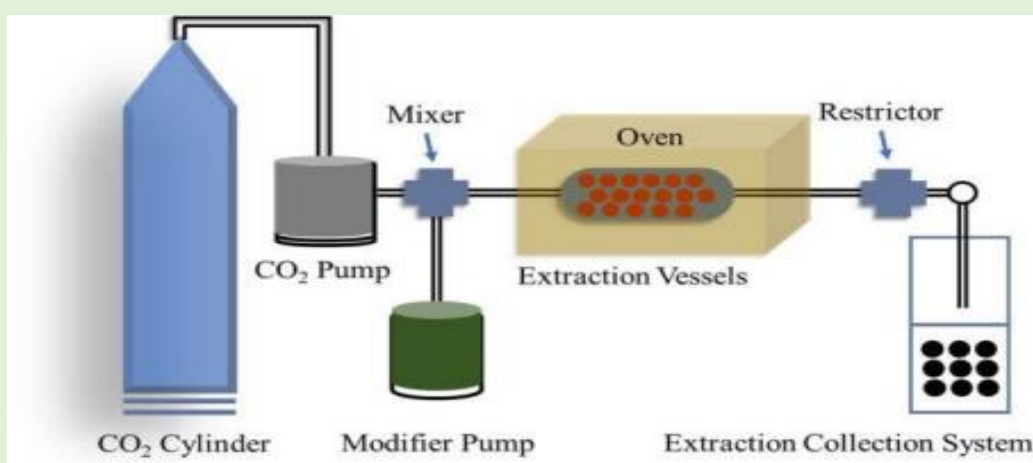


Fig.2: Supercritical Fluid Extraction

Supercritical Fluid:

Any substance that has a temperature above its critical point is called supercritical fluid. It dissolves substances like liquids and emits from solids like gases. Additionally, Density variations enable the "fine-tuning" of different supercritical fluid properties. Fluids at supercritical temperatures can replace organic solvents in many laboratory and industrial processes. Supercritical fluid consists mainly of carbon dioxide and water, which are used for energy production and decaffeination respectively. CO₂ is the solvent used in botanical extraction. It left no harm behind. By making small adjustments in temperature, extraction can be done efficiently and carefully.

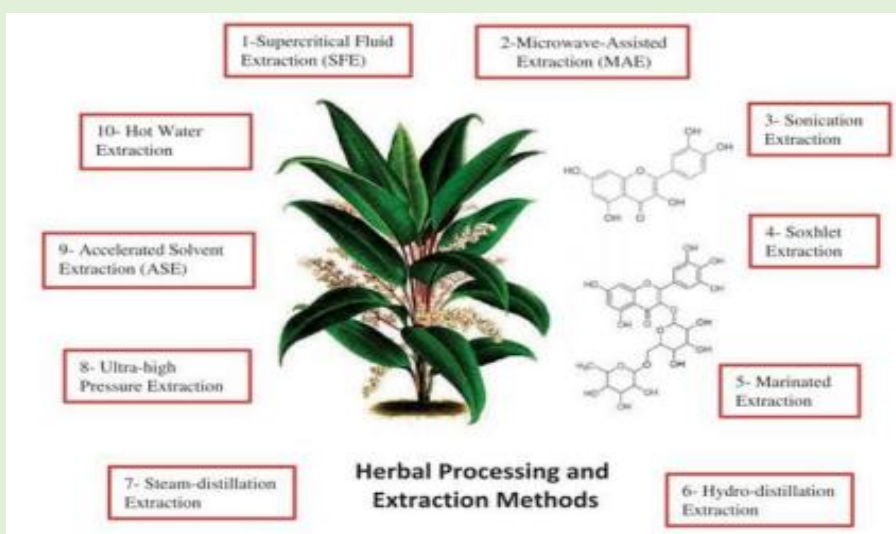


Fig. 3: The 10 extraction methods described in the text

Microwave Assisted Extraction:

Principles of Microwave Assisted Extraction –

Microwaves ranging from 300 MHz to 300 GHz are an important part of optical electronics. The wavelength of these waves varies from one centimetre to one meter (Mandal et al. 2007). The oscillatory wave field consists of two perpendicular waves that produce the message and the energy carrier. Early uses of microwaves involve their interaction with certain materials that can absorb some of the energy and convert it into heat. For this purpose, commercial microwaves require a power of 2450 MHz, equivalent to approximately 600-700 W.

Sonography-Assisted Extraction:

Removal is probably self-induced. New ideas were developed by the Mayans and Aztecs, as well as by the Egyptians, Phoenicians, Jews, Arabs, Indians, Chinese, Greeks, and Romans process was used in food, cosmetics, and perfume. Today, there are no production lines in the industries such as food, pharmaceutical, cosmetic, nutraceutical, or bioenergy that don't employ technologies like water or steam distillation, solvent extraction, or cold pressing and maceration. Like the chemical industry, the chemical industry faces the

challenge of developing new technologies, designing and managing its products and processes to reduce energy consumption, comply with emissions-related legislation and ensure safety. This is due to the increase in energy costs and the need to reduce greenhouse gas emissions, increase efficiency, improve quality and reduce costs. For example, current withdrawal. There is a significant scientific and commercial impact to be resolved: more than 70% of the energy usually used in the food industry is required and 50% of the investment in the new requirements of the plant¹ Over the past 20 years, these shortcomings have led to the development of more efficient and effective extraction methods, such as ultrasound-assisted extraction. Reduce extraction time. The main aim is to save time, energy and costs and reduce the use of organic solvents. For these purposes, the development of ultrasound-assisted extraction has led to the emergence of many new methods such as continuous ultrasound-assisted Clevinger distillation, Soxhlet extraction with ultrasound assistance as well as extraction using ultrasound in conjunction with other methods. assist with extraction. Other techniques include supercritical fluid extraction, microwave, and extrusion.²



Fig. 4: Sonography-Assisted Retraction

Distancing and purification technology:

- 1) Commonly used separation methods
- 2) Extraction methods
- 3) Extraction of plant raw materials is a crucial phase in the isolation and purification of natural plant mixtures.
- 4) In nature, plant matrices are complex and have many associations with diverse chemical properties. For this reason, care is needed to isolate plant species and grow pure, healthy plants.⁸ There are several extraction methods which can be divided into. This section is divided into groups based on temperature. They're working downstairs.
- 7) Cold or room temperature technique⁹

8) Cold extraction method

9) This method has been documented in previous studies^{10, 11}. Examples of dried herbs that are chopped, crushed, or powdered.

2) Investment in chromatography:

People in all countries have been using thousands and hundreds of thousands of species of native plants to treat many diseases since time immemorial. Many plants produce compounds that are beneficial to animal and human health. These include aromatic substances, mainly phenols or their oxygen derivatives such as tannins¹. In general, sick animals eat plants rich in alkaloids and other metabolites such as tannins. Since these plants often contain antibiotics, antiseptics, antibiotics, and antibiotics, wild animals have a good chance of healing themselves. Nearly eighty percent of people worldwide continue to count on nutrients along with various pharmaceuticals, include herbal remedies, to satisfy their medical requirements, based on figures from the World Health Assembly (WHO)². Products made from plants are nutritional products available in tablets, capsules, powders, teas, and other forms that people can use to improve their health. Extracts and dried or fresh herbs. Medicinal plants, traditionally considered harmless, are increasingly used by consumers in the market.

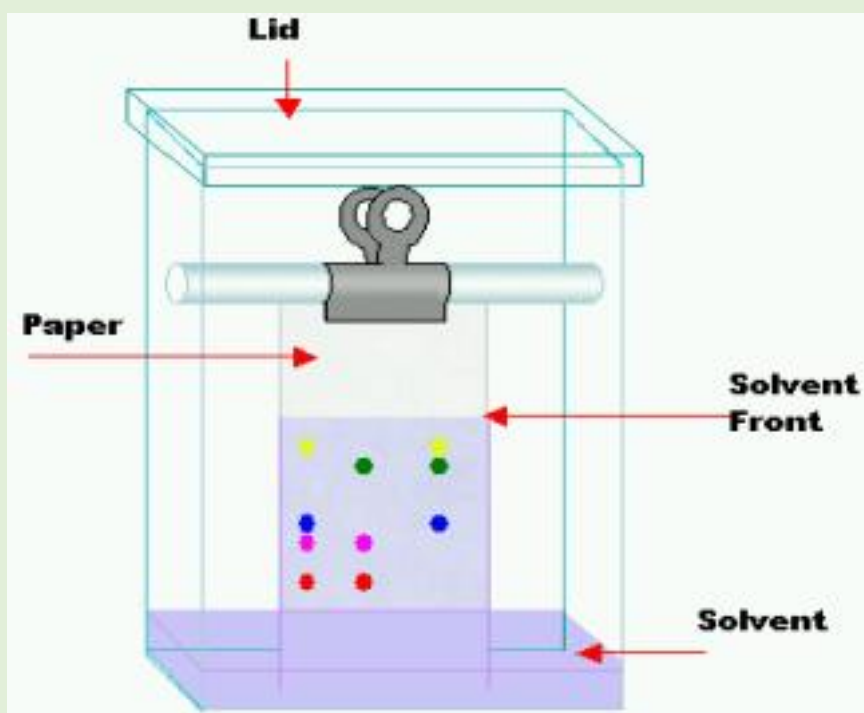


Fig. 5: Chromatography

Chromatographic methods for testing medicinal plants:

Chromatography is the easiest to use and most adaptable separation method. Chromatography is the process of using mobile and stationary phases to separate and identify individual components, compounds, or mixtures of substances. Various chromatographic methods are used to classify and purify plant components. Herbal medicine is a complex web of mixtures. Therefore, the most popular tools for identifying “plant medicines”

often focus on creating specific fingerprints of particular plants; This indicates that certain substances are present that define the molecular composition. Chemical fingerprints obtained by chromatographic methods, especially hyphenated chromatography, are recommended for quality control because they can reasonably represent the “integrity” of plants and can therefore be used for the identification and certification of herbal products. Diorama - based chromatography (HPTLC) and high-performance thin layer chromatography:

Phase Separation Thin Layer Chromatography, often known as TLC:

It is a member of the most popular and straightforward chromatographic techniques for separating compounds. TLC is widely used in phytochemical analysis of plants for the reasons listed below:

1. Plants can be analysed quickly even with minimal sample preparation.
2. Provides semi-quantitative and qualitative data on dissolved components.
3. Analysis of drug components is possible. Sometimes GLC and HPLC can also be used for fingerprint analysis.

High-performance TLC (HPTLC) scanners can collect TLC fingerprint information such as chromatogram, retardation factor (R_f) value, cutoff colour, absorbance spectrum, point for solutions. Each profile displays and its derivatization profile using various reagents. The detailed data obtained can be used to identify the original drug, remove excipients, and maintain drug consistency and quality. Before the development of chromatographic methods such as GC and HPLC, plant analysis. In addition, TLC is widely used in traditional Chinese medicine papers and research, the American Herbal Pharmacopoeia (AHP), and the Chinese Pharmacopoeia to analyse various properties of medicinal herbs and obtain raw data. Plant fingerprint. Instead, TLC is used as a simpler analytical method in combination with other semiquantitative analytical methods.⁵

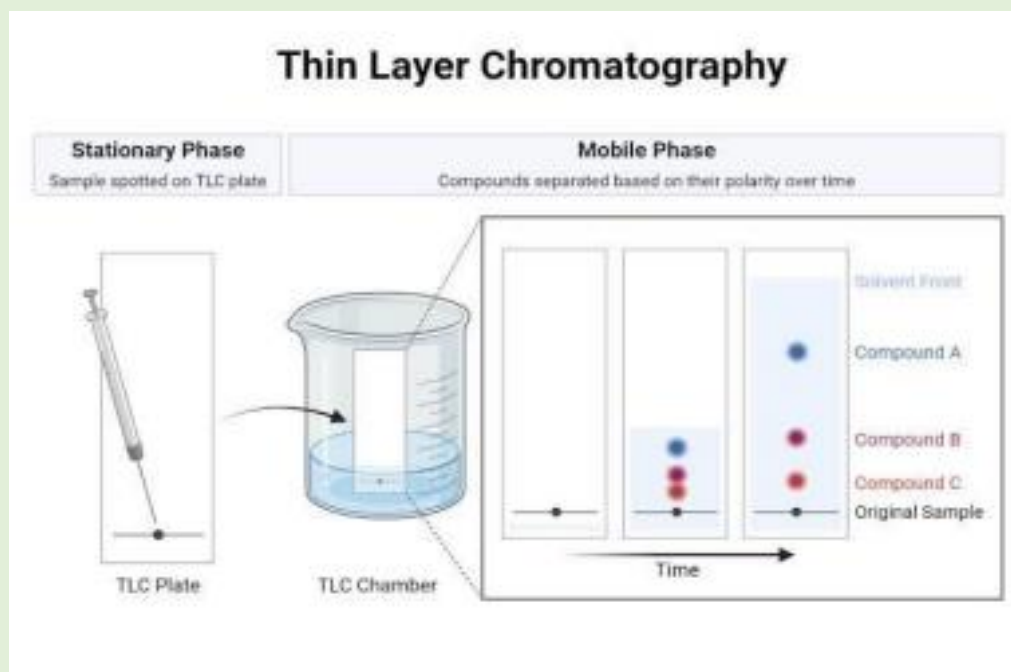


Fig. 6: Thin Layer Chromatography (TLC)

3) Column chromatography:

In chemistry, column chromatography is a process used to separate compounds from a mixture. Differential adsorption allows chromatography to distinguish between different types of adsorbents. Animals move along the line at different speeds, so they can break up into smaller pieces. This method can be used for many adsorbents. A variety of solvents can be used using reversed phase or other methods. This method can be used for sizes from micrograms to kilograms. The biggest advantage of column chromatography is that the stationary phase used in the process is inexpensive and easy to process. Second, recycling prevents others from polluting the environment and causing irreversible habitat destruction. Column chromatography techniques can use gravity to move the solvent or compressed gases to force the solvent through the column.

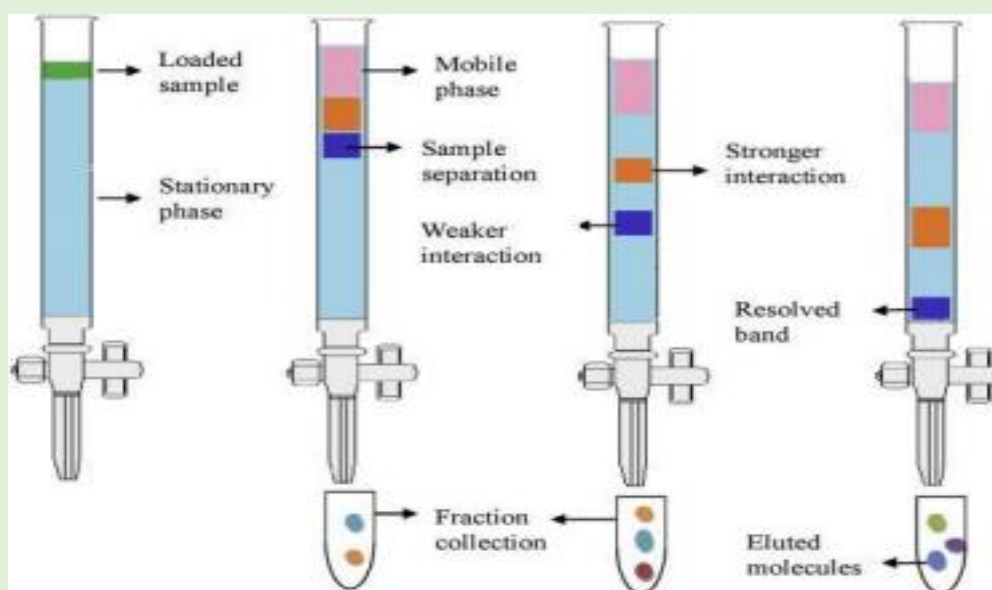


Fig. 7: Column Chromatography

High-Performing thin-layered chromatography is also referred to as HPTLC techniques:

HPTLC technology is widely used by the pharmaceutical industry for process development, drug discovery and identification of herbal products and the content of pesticides, mycotoxins and other chemicals to ensure good safety in food and plants. It is widely known that many samples can be processed simultaneously using less. It is also said that the pH of the cell is greater than or equal to 8. Suitable use ability to check or check chromatograms many times under the same or different conditions. For this reason, studies have been conducted using HPTLC for the simultaneous determination of various components in multicomponent processes. This method allows the verification of different plant species and the homogeneity formulations manufacturers. Many people create HPTLC. The technology identifies crude drugs or botanical substances in plants such as gallic acid, catechins and pet rosin. Ciliate and lingulate contain acid.¹⁰

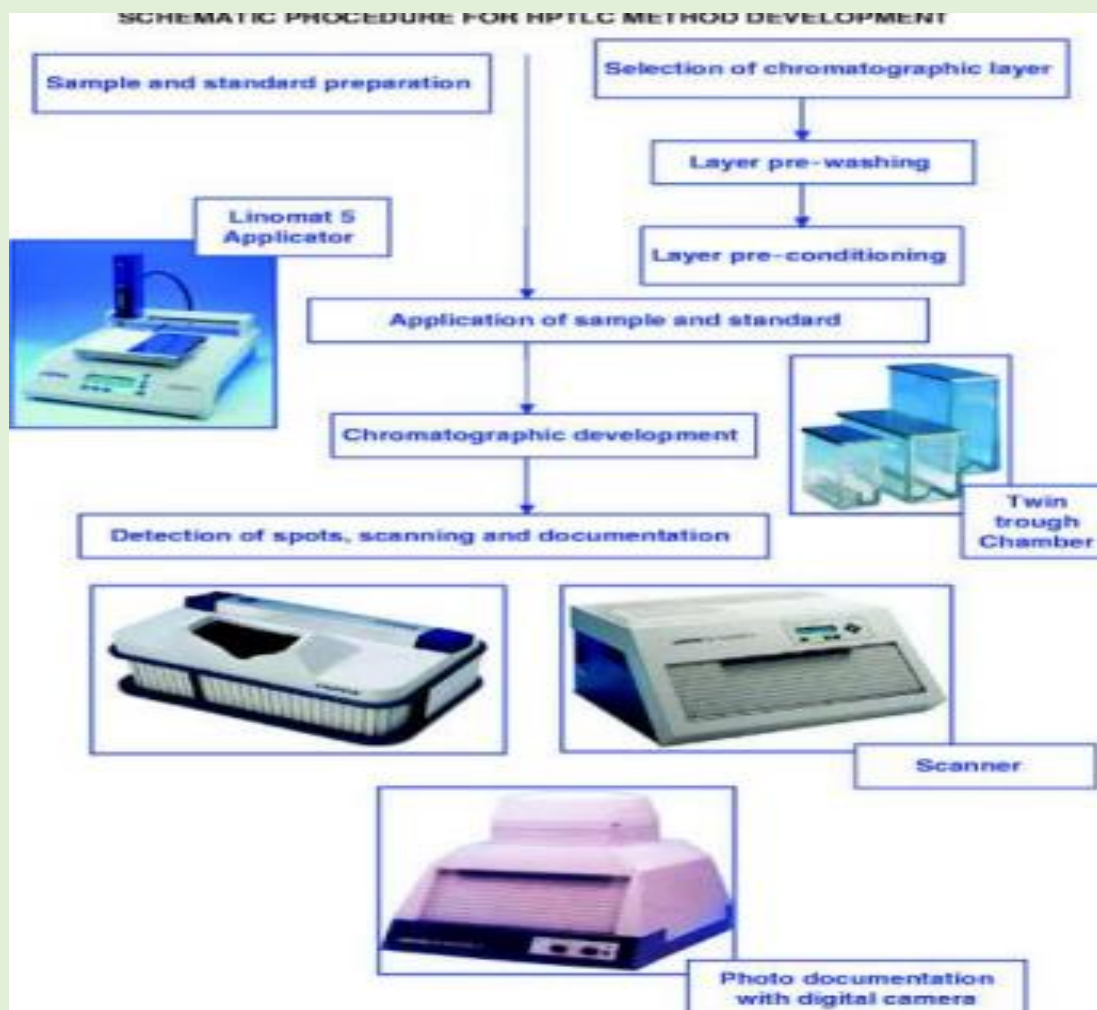


Fig. 8: HPTLC Chromatography

Mobile phase description of herbal compounds by HPTLC:

HPLC has been widely used in herbal analysis in the last few years. Perhaps the most widely used column for analytical isolation of herbal products is reverse phase (RP) chemistry. Analytical and preparative HPLC is widely used by the pharmaceutical industry to isolate and purify HPLC preparations come in two varieties: HPLC at low pressure and high pressure (pressure greater than 20 bar) and low-pressure HPLC (usually less than 5 bar). HPLC analysis takes into account important factors such as solubility, sensitivity and rapid analysis time, as well as the purity of the solvent and the number of compounds that can be formed in a period of time, such as recovery or progress in the HPLC preparation. HPLC preparation (above 20 bar) requires a larger stainless-steel column and 1030 μm particle size. Examples of normal phases include Chromasil C18 and Chromasil AS 20 μm and for the reversed phase, use Kromasil 10 μm , Kromasil 16 μm , and Chiralcel AS 20 μm E8, YMC E18. The goal of the analytical study is to obtain a compound, but in this case the goal is to isolate or purify the compound. Detailed information about the model. In the modern pharmaceutical industry, this is important because new products (synthetic and natural) need to be brought to market as quickly as possible. With such a clean method, mixing can be done in a shorter time.

4) HPLC stands for High Performance Liquid Chromatography:

Separation of the analyte (sample) between the stationary period (column packing) as well as the mobile stage (eluent) forms the basis of the HPLC separation principle. Depending on their molecular composition, molecules pass through the stationary phase and slow down the analysis. The way the sample molecules interact with the container determines how long the sample stays “online.”⁶ Therefore, different samples are eluted at different times. Therefore, the samples were well separated. Analytes are identified by a detection unit (such as a UV detector) after leaving the chromatography column. The signal is converted and captured by a computer program in a data controller and then displayed in a chromatogram. It can undergo or complete many tests when it passes through the mobile testing room and most devices. HPLC systems generally include the following components: weighing equipment, pumps, run sheets, chromatographic columns, pumps and analysers. The pump moves the solvent or eluent through the system at high pressure. high and fast. Stable, pulse-free flow from the pump is important to reduce low frequency and noise in signal detection. The sample or analyte is fed into the eluent through the injection valve.

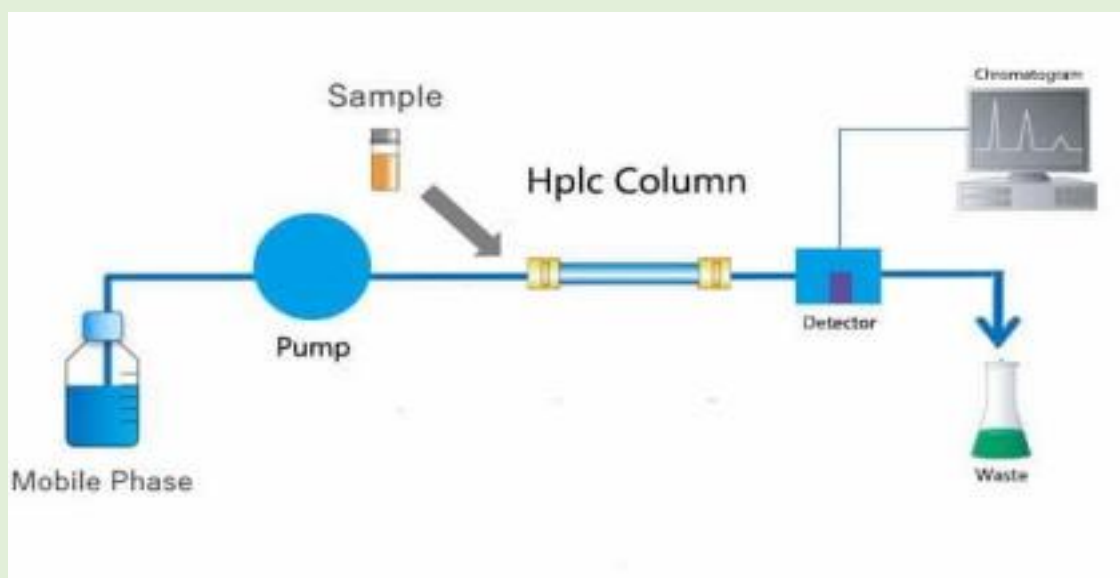


Fig. 9: HPLC Chromatography

5) Purification methods for the isolation of plants:

The process of using physical and chemical methods to isolate the components or active ingredients of a plant extract and purify them into monomer compounds. The chemical process is called phytochemical isolation. Conventional Methods of separation that are still in use today include solvent extraction, dialysis, precipitation, crystallisation, fractionation, and salting out. That being said, the use of ultrafiltration column-based chromatography, powerful liquid chromatography, etc. Contemporary separation techniques like counter current chromatography are important for the separation of plants. In this section, technologies isolated from medicinal plants and their special forms are presented.⁶

Solvent method:**Alkali solvent and acid method:**

Alkaloids and other water-insoluble alkaline organic compounds can react with inorganic acids to form salts that differ from water-insoluble and non-alkaline salts. Acidic elements containing carboxyl or hydroxyl groups in phenol can be salted with alkali and then dissolved in water. Molecules containing lactone or lactam substructure can be separated from other molecules that are insoluble in water after being saponified and dissolved in water. The entire extract is dissolved in a lipophilic organic solvent (usually using ethyl acetate) and extracted with acidic water and alkaline water, which can be partitioned into acidic, neutral and neutral components, respectively. Of course, the entire extract can also be dissolved in organic solvent and the pH value can be adjusted after extraction. Each fraction has a different alkalinity and acidity and can be further separated using pH gradient extraction. When using, acidity or basicity strength, contact time with the separated material, temperature and time should be taken into consideration. The strong acid-base method prevents some compounds from changing structure in harsh environment or their chemical structure cannot return to its original state.⁷



Fig.10: Acid and Basic Solvent Method

Procedure for Extracting Polarity Gradients:

The polar gradient extraction process uses different components in the two-phase solvent and different polarities of the components in the extraction plant. In general, various two-phase solvent systems are selected based on the polarity of the components in the botanical extract. For example, neutral elements can be separated using the n-butanol-water system, more basic elements can be separated using the diethyl ether or chloroform-water system, and less polar elements can be separated using ethyl acetate. You can use a water machine to separate them. In this process, the plant extract is first dissolved in water and then separated using different organic solvents to extract the drug or extract. It does not mix with water due to its different polarity. Generally, the extract is extracted using petroleum ether (also known as cyclohexane), ethyl acetate (also

known as chloroform) and finally water-saturated n-butanol (Figure 1). There are fewer oil-soluble polar compounds in the petroleum ether layer. Intermediate polar products such as monoglycosides, flavonoids, and products with more polar functional groups were found in the ethyl acetate layer. Strongly polar compounds, including oligosaccharides and other water-soluble substances, were found the n-butanol layer. Water systems are mostly polar, as are carbohydrates, proteins, amino acids, glycosides containing added sugar groups, and other water-soluble compounds.¹²

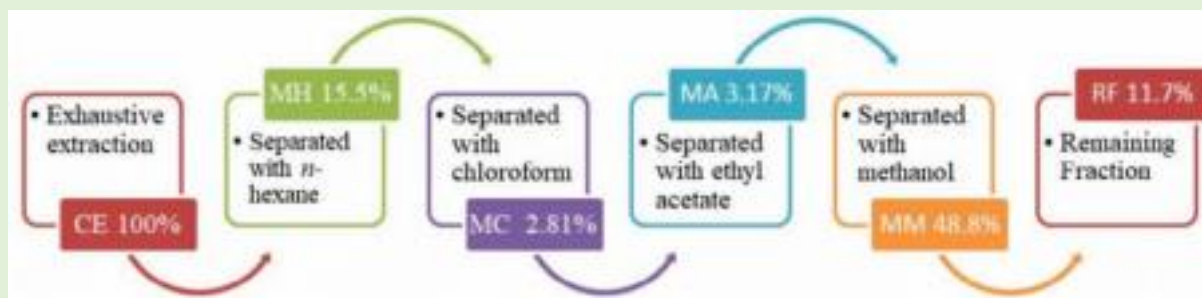


Fig.11: Polarity Gradients

Precipitation:

It is a process based on the precipitation of certain substances from the water layer. The solubility of some components in the drug is reduced by adding reagents to dissolve the drug or by reacting with some reagents to form the precipitate of certain phytochemicals. Reversibility of the precipitation reaction is required if the target compound is to be produced by precipitation. On the contrary, if materials are not the goal. The precipitation reaction may be irreversible as the precipitate formed will be removed. They are divided into the following groups according to additives or solvents: Content of the mixture. Special solvents that can be mixed with the drug can be added to obtain solvents from the mixture. Gradual precipitation is gradual precipitation. It is done by changing the amount or polarity of the solvent. For example, when water is used as the extraction Alcohol has been added into the concentrated solution to extract phytochemicals, increasing the alcohol content to over 80%. In the meantime, proteins, starches, gums, polysaccharides, etc. It will collapse and collapse. removed from view. Ethanol precipitation and water extraction are traditional methods. This technique is often used to isolate plant polysaccharides¹⁴

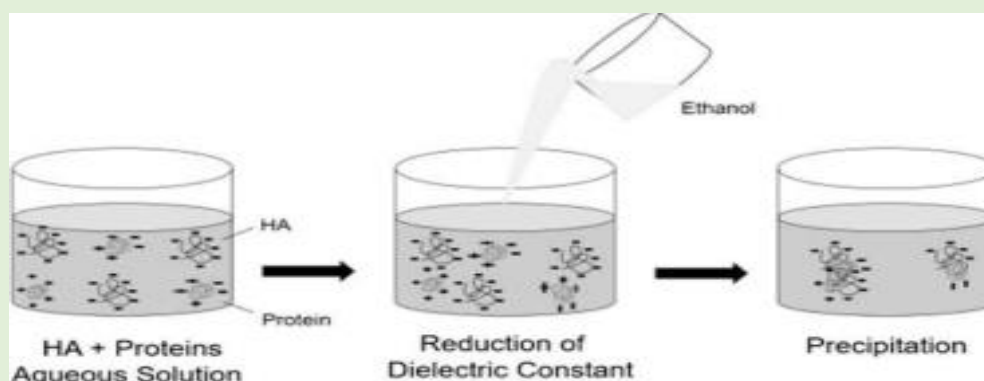


Fig.12: Precipitation

The value of harmonization-

Standardization of herbal preparations-

To standardize herbal preparations, it is necessary to use pharmacodynamics, dosage, bioavailability, stability, pharmacokinetics and toxicity, as well as good practice. Analysis and analysis of various parameters and other factors of herbal preparations are considered important. Other ingredients Aflatoxin, pesticide residues, heavy metal pollution and quality Agricultural Practices (GAP) are equally important in the standardization of Chinese medicine information.

Development of various herbal preparations:

Design is important to maintain and evaluate the safety and effectiveness of various herbal preparations, which are a mixture of various herbs to achieve the desired therapeutic effect. Standardization ensures safety, reduction of batch-to-batch variation, efficiency, quality and acceptance of different plant species. Combinations of herbs and different types of plants are available in different markets, such as Baidynath's Madhumehari Churna, which contains a combination of eight herbs. A medicine called Dashamularishta is used to help normalize the body's functions after birth.¹³ The identity, purity and potency of various herbs are determined using TLC and HPTLC fingerprints, which are also used to determine the required ingredients of this Ayurvedic mixture.

HERBAL CRUDE DRUGS-STANDARDISATION AND QUALITY CONTROL

PARAMETERS

WHO (1996a, b, 1992) states that standardisation and quality control of herbal remedies are the Procedure used to evaluate the physicochemical properties of crude drugs, including choosing and managing raw materials, evaluating the finished product's stability, effectiveness, and safety product, risk and safety documentation based on experience, and product supply consumer information and product advertising. Usually, attention is given like:

Phenotyping and organoleptic assessment:

Morphological characteristics are crucial for differentiation in the case of a complete drug. It mostly consists of things like colour, taste, smell, shape, and size. Details such as venation, texture, and fractures are included.

Histologic and microscopic analysis:

These are valuable both whole and powdered medicine. It primarily involves the investigation of features such as the structures of the vascular bundle, fibres, stomata, parenchyma, or calcium oxalate crystals, among others.

Quantitative microscopic analysis:

Microscopical measurements, including vein islet count, stomatal index, vein termination count, fibre size, and palisade ratio. Such research aids in the distinction of intimately related species.

Physical assessment:

Investigation of different physical parameters such as viscosity, solubility, moisture content, and refractive index, optical rotation, melting point, extractives, and foreign organic matter fibre content, palisade ratio. This kind of research aids in the differentiation of closely related species.

Quantitative analysis of chemicals:

To calculate the quantity of the primary classes of components.

Toxicological research:

This aids in identifying the pesticide residues, possibly harmful substances, and safety research in animals such as LD50 and Microbial Assay to determine whether potentially dangerous microbes.^[14]

Microbiological parameters:

Total count of mould, total count of coliforms, and the entire content of viable are included. Limiters are a useful tool for controlling and determining the quantity of impurities, such as reagents used in the extraction of different herbs, that can be used in a semiquantitative or quantitative manner solvents, impurities, etc. are shipped straight from the manufacturing

Conventional Method:

This addresses the identification and description of raw drugs using in relation to the phytochemical component. It uses various analytical techniques in order to identify and remove the Active ingredients. Techniques for phytochemical screening include using botanical recognition and extraction Using the appropriate solvents, purification, and analysis of the active ingredients with significant pharmaceutical value Estimating the quantity of the main constituent classes is the goal of quantitative chemical evaluation.

Toxicological research:

This aids in identifying the pesticide residues, possibly harmful substances, and safety studies in animals such as LD50 and microbiological assays to determine whether potentially dangerous microbes.

Characteristics of microbiology:

It contains the entire viable content as well as the total count of mould and coliforms. Boundaries may be applied as a as a quantitative or semi-quantitative method to determine and control the quantity of pollutants, such as the reagents used to extract different herbs, contaminants are shipped directly from the production process, solvents, etc. The issue with modern herbal technology Despite widespread restructuring and a long history of traditional applications, there are still a lot of obstacles to overcome in the promotion of herbal medicine, particularly in developed countries.

The following issues must be resolved before traditional herbal medicine is promoted worldwide knowledge base.

Quality problems:

Adulteration, erroneous of the plant, inadequate collection and getting ready, and improper formulation process are the primary problems that reduce the efficacy of medicinal products and can be considered as significant factors impacting the purity and efficacy of herbal remedies. Processing and harvesting include haphazard harvesting, subpar farming, and improper propagation. approach, subpar pre- and post-harvest procedures, and a deficiency of processing methods result in the inferior quality of herbal remedies.

Concerns pertaining to quality control:

Lack of good manufacturing practices (GMP), quality control methods and poor design are major problems in maintaining the quality of herbal medicines. No understanding of the advice of breeders and producers, no on a small and medium scale, the guidelines are frequently implemented and regulated.

Administrative problems:

Include the absence of oversight and regulatory authority in the herbal industry, a lack of Adequate oversight and regulation are indispensable for ensuring the quality of pharmaceuticals.

Problem with infrastructure:

Inadequate processing methods, skilled personnel, and advanced instrument, application of contemporary methods, and capacity for locally manufactured instrument fabrication are the significant issues.

Pharmacovigilance:

In the herbal medicine industry, proper pharmacovigilance is necessary to uncover toxicological information and adverse drug reactions related to herbal medications. side effects, restrictions, interactions with other medications, foods, and currently prescribed orthodox medications should be appropriately monitored.^{14,15}

Clinical trial:

Since the use of herbal remedies continues to raise concerns about safety, Thus, in order to comprehend the safety and effectiveness of these medications, clinical trials are required prior to introducing them to the world market.

IPR and biopiracy:

Biopiracy is the primary barrier to the advancement of herbal traditional medicine. Documenting folk knowledge is essential for the future.

Without reason:

It's a common misconception that herbal products don't interact with other substances or cause any side effects. Sadly, this is untrue. Therefore, the promotion of these drugs may be hampered by the irrational use of these drugs, which can result in a number of issues.^{15,16}

Research and development (R&D):

The most important requirement for any medication, but compared to allopathic medicine, it is much less in the herbal sector. However, recently years, this pattern is reversing. Investigate to learn the mechanism of

action and the phenomenon of pharmacokinetics, the development of monographs and references Time-based marker-based analysis requires standards. Significant void in current Another issue is the state of ethnopharmacological and contemporary medicinal plant research. a steady, socially just, and secure supply of herbal remedies.

The use of unethical business practises, a lack of trained medical personnel, the dissemination of inaccurate and misleading information, a lack of centred advertising and marketing, and an are lacking of knowledge-sharing medication are additional issues impeding the worldwide advancement of herbal medicine. Another significant issue is the inadequate preservation of traditional medicinal herb uses and biodiversity.¹⁶

Selection standards for ingredients with an herbal origin that are important for the standardisation and quality assurance of herbal medications:

General factors to be taken into account when standardising and ensuring the standard of herbal materials:

Herbal preparations and medications:

This might make it exceedingly challenging to identify and measure herbal medicines, and to detect of adulteration is extremely difficult. It is important to note that the recognition of herbal medications with markers, and measurement of marker compounds in herbal remedies are not adequate by themselves to ensure the standard of herbal remedies. Quality assurance has to encompass every stage of their production, and they need to be supported by sound agricultural and good manufacturing practises (GMP) and collection practises (GACP)^{1,4}, if suitable Standards for the selection of reference materials and quality assurance of herbal remedies should consider the possibility that different components possess varying degrees of impact on the final product's efficacy, safety, and quality. Consequently, the substances should be chosen in the following order for identification and quantification guidelines listed below. If ingredients with established medicinal properties have been Once recognised, they ought to serve as indicators. If (1) is not true but there are constituent(s) with known pharmacological activity(s), they ought to be used as markers. The identity and quantity of herbal materials, preparations, and medications may be determined if the aforementioned situations do not apply. From the production procedure as well as by examining marker substance(s) that have additional characteristics component(s). Keep in mind that identifying herbal materials, as well as in some cases herbal preparations and completed herbal products, which could be completed or completed by techniques for microscopic, macroscopic, or DNA analysis employing suitable reference materials and summaries.¹⁸

Medications for modern technology:**1.JASMINE (JASMINUM):****Fig. 13: Jasmin**

The limbic system in your body sends signals when you breathe in the molecules of jasmine. in charge of affecting the nervous system. To ease your tension, you can have a jasmine plant in your room. Use it as an essential oil in a diffuser to release the scent, or use it in anxiety and depression systems. As well as Jasmine can help with anxiety and depression, as well as focus, sleep aiding, hormone balancing, and reduce the likelihood of infection. This demonstrates the jasmine plant's versatility and how it can enhance your life quality.

2. CONVULVULUS PLURICAULIS, SHANKPUSHPI:

Known by several colloquial names, including Shankhini, Kambumalini, Samkhapushpi, Sadaphuli, and Sankhaphuli, Shankpushpi is a powerful memory enhancer and brain tonic that actively seeks to enhance brain function and intelligence. The appellation shankpushpi was named for the plant because of its conch- or shankh-shaped flowers. It also aids in improving focus, capacity for learning, mental exhaustion, sleeplessness, tension, anxiety, depression, etc. Because of its antidepressant properties, it enhances mental health and may be helpful in managing depression actions. Ayurveda claims that Shankpushpi relieves stress and helps to calm the brain along with anxiety. Because of its Medhya properties, it also acts as a brain tonic, enhancing memory (raises intelligence) attribute. To improve focus and memory, you can take Shankpushpi powder with warm milk or water. You can also use shankpushpi pills and capsules to enhance brain function. Ayurvedic Shankpushpi Syrup is a treatment for intellect and recollection. It helps with mental frailty, forgetfulness, memory loss, and low power of retention, etc. Supplements and medications, however, can only increase alertness attention span, brain activity, motor coordination, and the capacity of the brain to retain information, but these Supplements might not be able to alter your procrastinating tendencies. Consequently, regular mental exercises are also necessary to improve brain function. capacities. Shankpushpi has been

classified as a nerve tonic in Ayurveda. The rationale is that it includes components like tryptanoids, steroids, anthocyanins, and flavanol glycosides.

CONCLUSION:

In conclusion, people have been using plants, herbs, and ethnobotanicals for health promotion and disease treatment since the dawn of humankind. These uses continue today. flora and Modern medicine are based on natural sources, which also play a significant role in the commercial medication preparations produced at the moment. 25% or so of prescribed medications are derived from plants everywhere. In spite of this, herbs are frequently used in health with attention. Herbal medicine is the preferred treatment option for certain individuals. Others feel that herbs are utilised as a supplemental treatment to traditional medications. But in numerous developing Herbal medicines is a fundamental component of traditional medicine, which is the only system of accessible or reasonably priced health care. For whatever reason, people who use herbal medicines should be certain that the products they are purchasing are safe and contain what they are supposed to, which may or may not be a specific herb or quantity of a specific herb constituent. Additionally, science-based information on dosage should be provided to consumers limitations as well as effectiveness. Global legal harmonisation is required to accomplish this to provide direction for the ethical manufacture and distribution of herbal remedies. If adequate scientific. If a herb has evidence of benefits, then laws should permit Use appropriately to encourage the use of herbs to reap these benefits realised for the treatment of disease and the promotion of public health.

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